scrambled eggs

Ingredients:

3 eggs

125ml milk

1EL oil

salt, pepper, nutmeg

Preparation

Fill the milk into a measuring cup. Beat the eggs in these too. Mix with a whisk to a smooth mixture. Season to taste with salt, pepper and nutmeg.

Heat the oil in a pan. Add the entire egg mass. Let it stop for a second. Now slide the egg from the inside to the outside using a pan scraper. Repeat the process until the entire egg is hammered.